

VALIDATION OF OBJECTIVE METHODS TO MEASURE FUSIONAL VERGENCE RANGES

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PURPOSE

The measurement of fusional vergence amplitude is fundamental in a conventional optometric exam and is commonly done in clinics using **rotatory Risley prisms** (smooth vergence test) or **prism bars** (step vergence test). Although they are widely used in clinical practice, both methods have limitations: subjectivity¹, not interchangeable measurements², high variability of results³.

In order to solve these limitations, two new methods to **measure fusional vergence amplitudes at near objectively** were validated against the **two conventional methods used in clinics**

MATERIAL AND METHODS

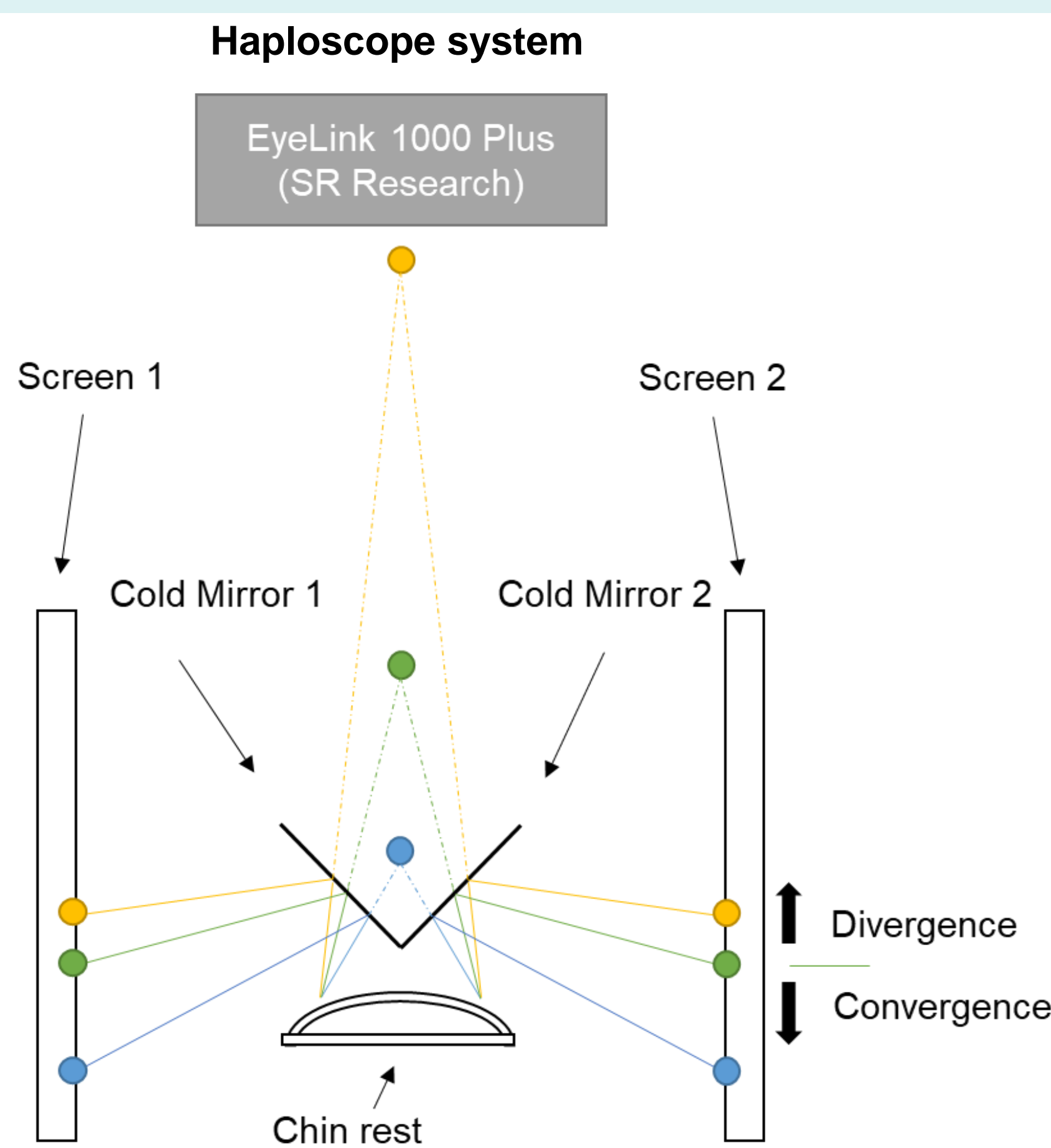
Subjects: 49 young adults between 19 and 29 years old (23.22 ± 3.06 years) wearing their habitual correction (either spectacle or contact lenses).

Procedure: Amplitude of Base In (BI) and Base Out (BO) (break and recovery points) were evaluated at 40 cm with:

- two **subjective** tests: step vergence test (prism bar) and smooth vergence test (Risley)
- two **objective** tests: step objective test, which mimicked a prism bar, and smooth objective test, which mimicked rotatory Risley prisms

In the two smooth vergence tests, vergence demand changed at 1 PD/s. In the two step vergence tests, vergence demand changed every 2 seconds.

Instrument: For the objective tests, an hapscope system was used. Eye movements were recorded with an EyeLink 1000 Plus (SR Research) and the fixation targets presented on each screen were controlled with custom software coded in Matlab R2020b.

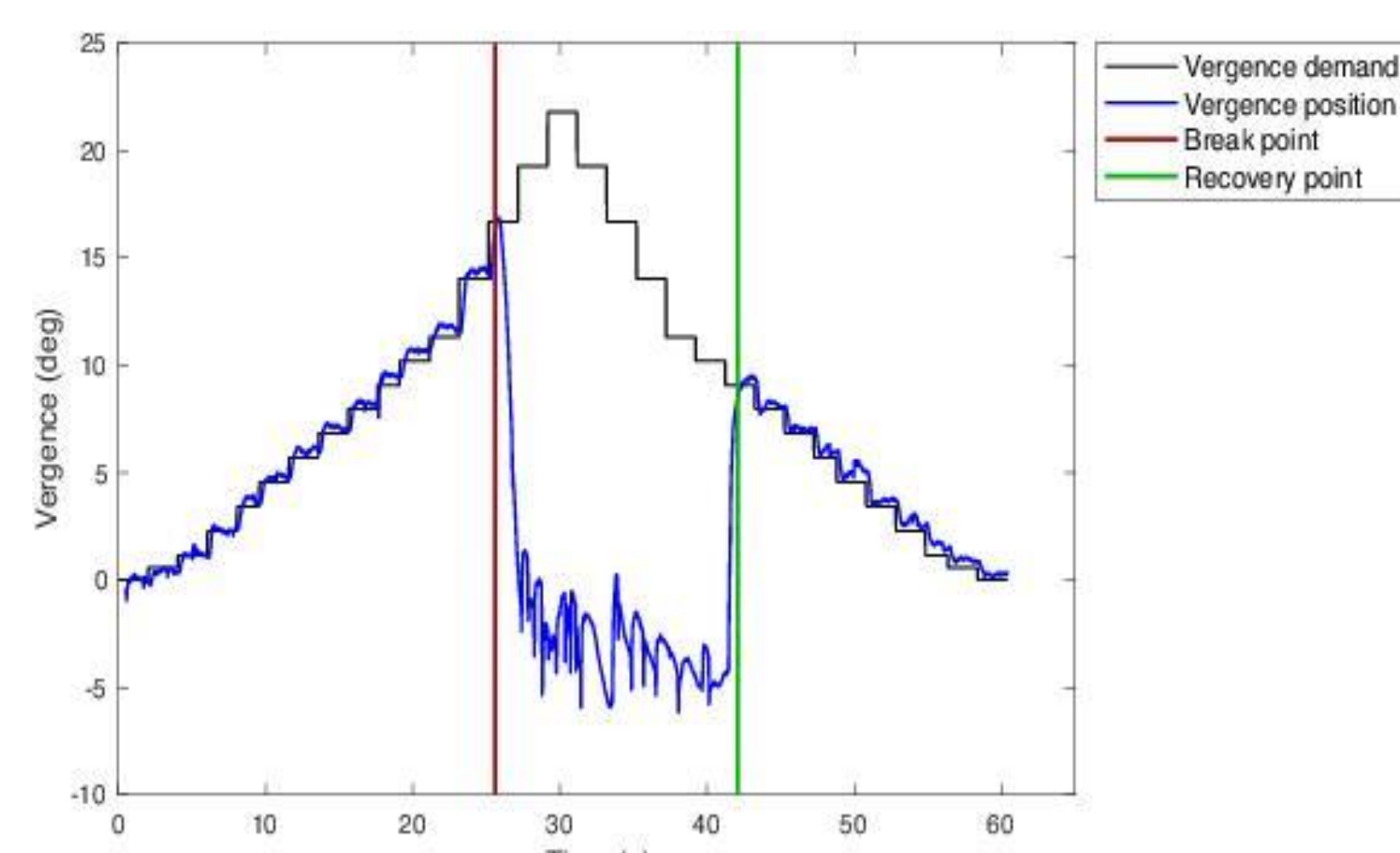


Data Analysis: Objective determination of break and recovery points:

- Blinks removal and data smoothing.
- Iterative fitting procedure of the vergence position over time adding 0.10 seconds of data in each iteration.

- The vergence demand at the time when the coefficient of determination of the fit starts to decrease corresponds to the break point.
- Same procedure to determine the recovery point.

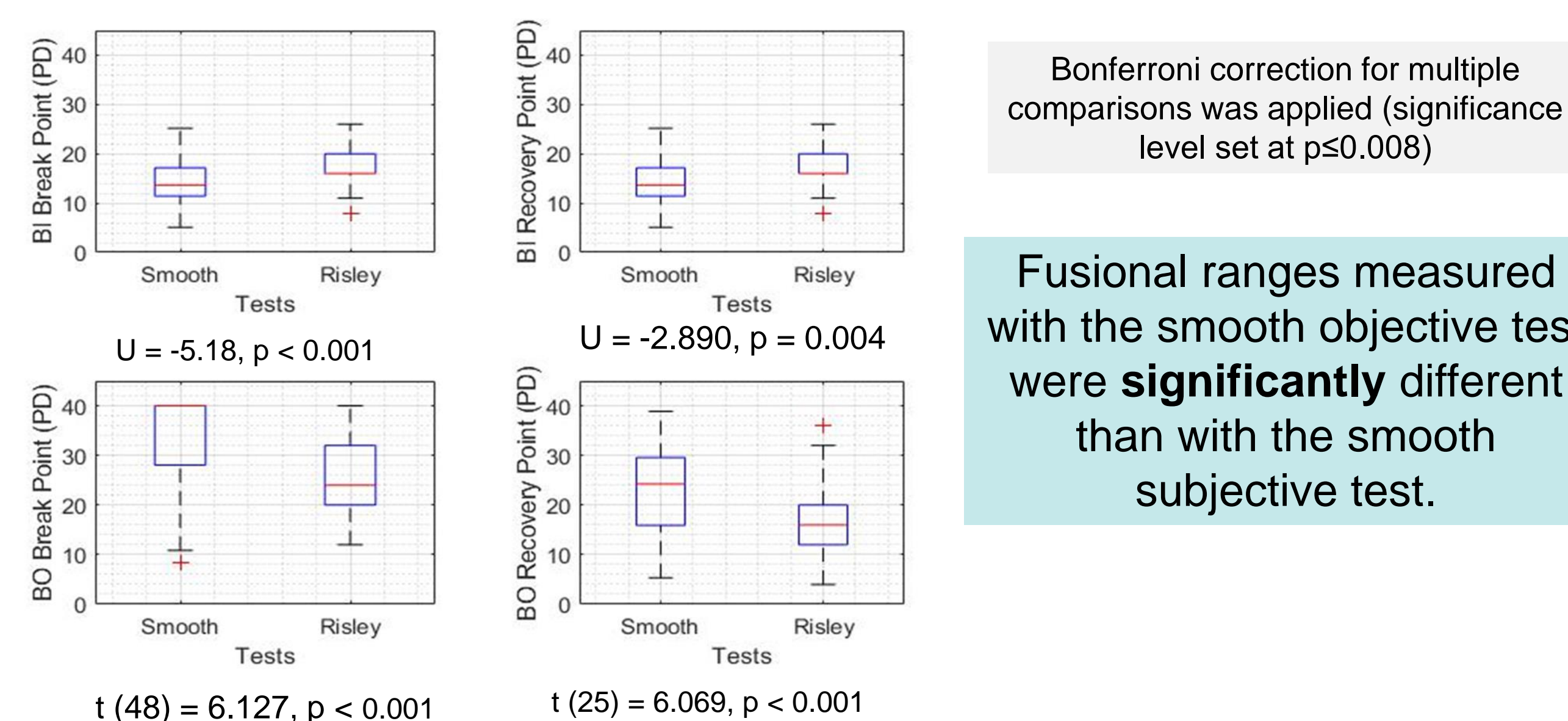
Example of a Step BO recording



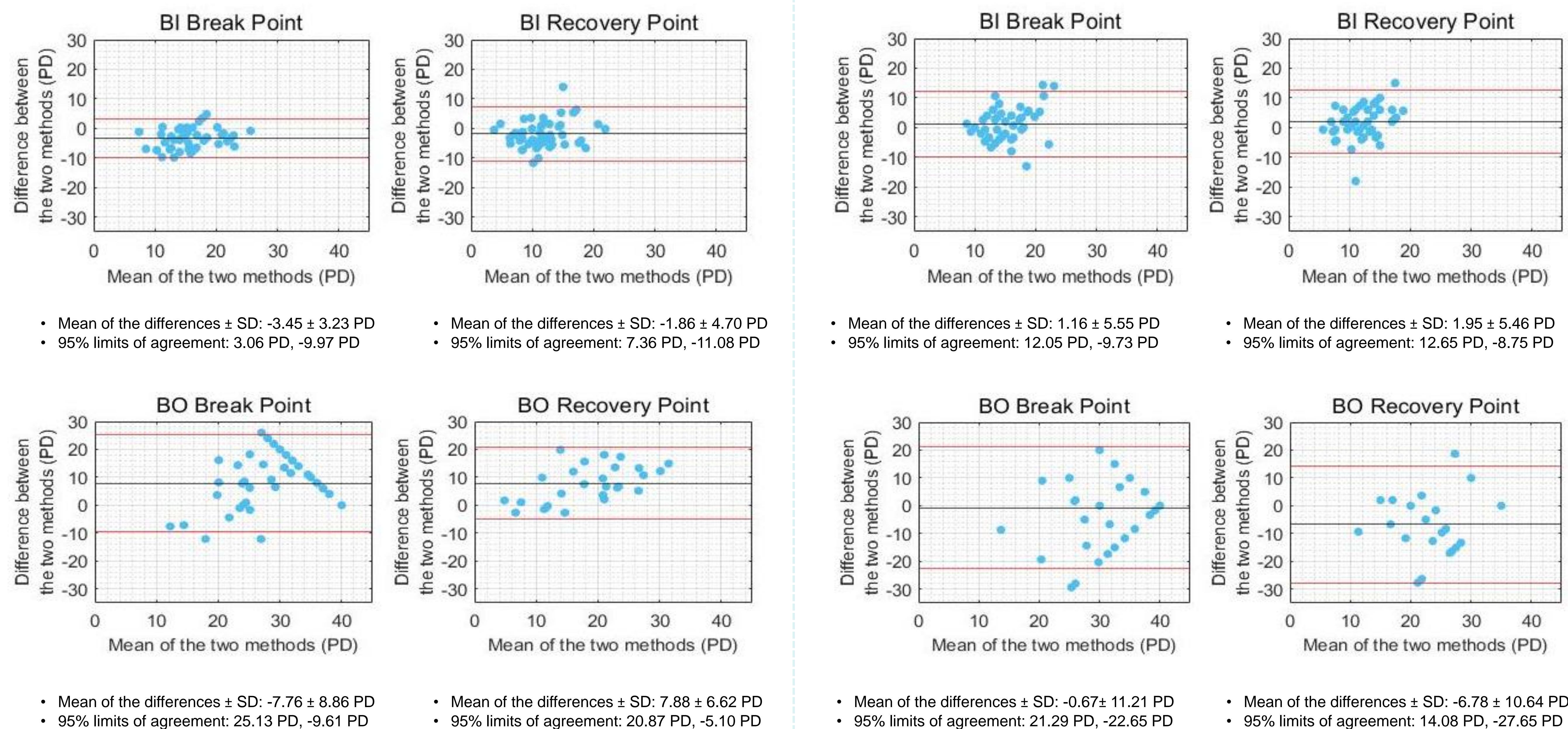
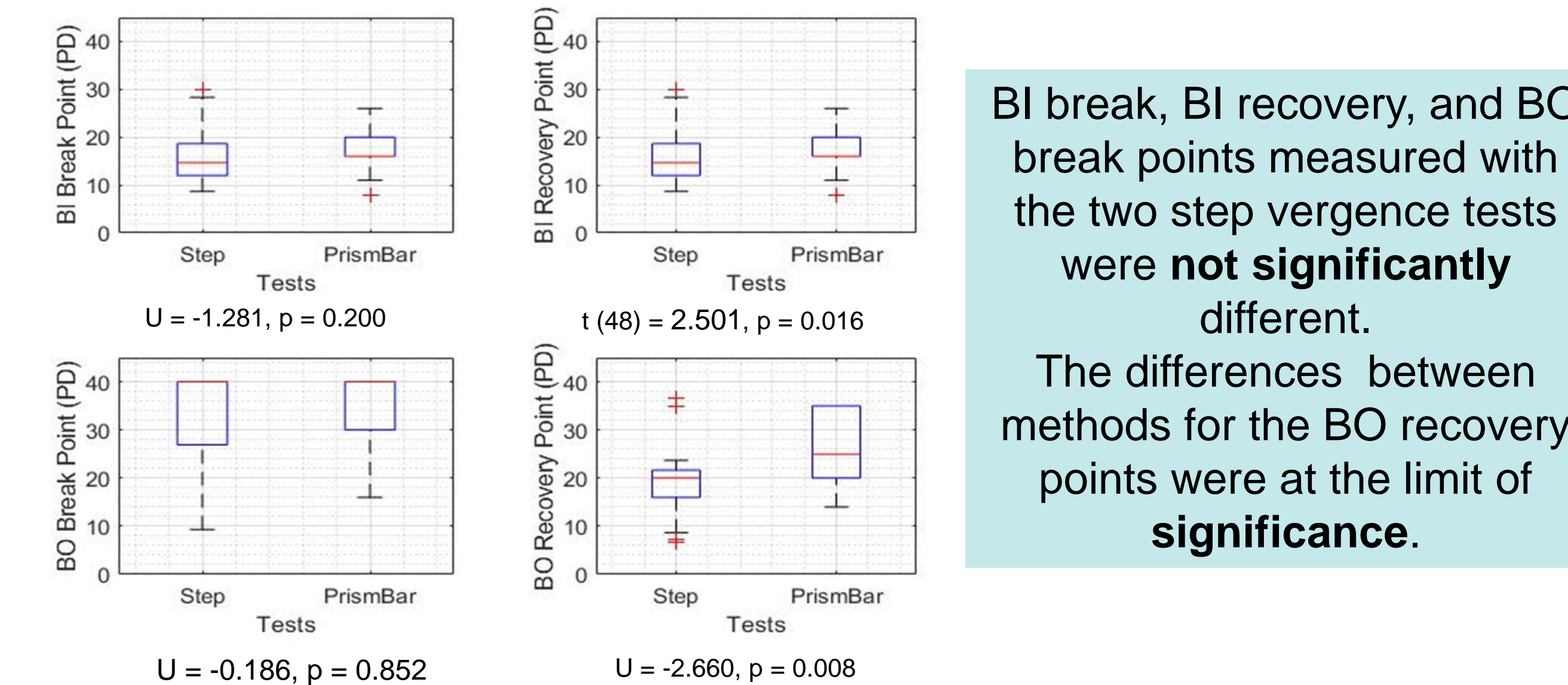
In all tests, vergence demand ranged from 0 to 40 Prism Diopters (PD) for both BI and BO. A break point of 40 PD was assigned to participants who did not exhibit loss of motor fusion during the objective tests or who did not report diplopia during the subjective tests, and no recovery value was recorded. These participants were excluded from the BO recovery analysis.

RESULTS

OBJECTIVE VS SUBJECTIVE SMOOTH VERGENCE TESTS



OBJECTIVE VS SUBJECTIVE STEP VERGENCE TESTS



CONCLUSIONS

- Fusional vergence amplitudes were measured objectively. However, the subjective and objective methods cannot be used interchangeably due to the wide variability of results.
- The step objective and subjective tests showed better agreement than the smooth objective and subjective tests.
- More research is needed to translate eye-tracking technology into the clinic to assess fusional vergence amplitudes accurately and objectively in a user-friendly way without the need for complex setups.

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