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#### CLINICAL CONFERENCE & EXHIBITION

Ahmed Sherry BSc Optom, MSc A New Method for Measuring the Pre-Lens Non-Invasive Break Up Time (PLNIBUT)

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#### Motivation

140 million people wear CL for refractive error correction
10-50% drop out within 3 years of commencement
41.9% to 52.9% due to discomfort

One major factor affecting comfort is wettability.

Markoulli M. and KolanuS. Contact lens wear and dry eyes: challenges and solutions. Clin Optom (Auckl). 2017; 9: 41–48. Rumpakis J. New data on contact lens dropouts: an international perspective. Rev Optom. 2010.





UNIVERSITAT POLITÈCNICA DE CATALUNYA BARCELONATECH No Gold-Standard method for measuring contact lens wettability

A newly developed optical setup used to assess tear film dynamics was adapted to measure contact lens wettability. LS L1 Eye

CCD

Aldaba, M. et al. (2019). Tear film stability assessment by corneal reflex image degradation. JOSA A, 36(4), B110-B115

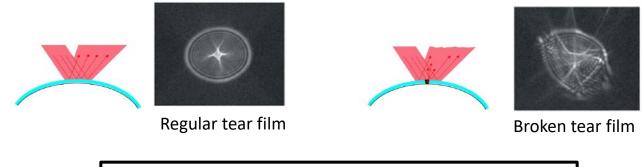




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#### Corneal Reflex Image degradation

Assesses tear film stability based on the degradation of the 1<sup>st</sup> Purkinje image by detecting break ups occurring on the anterior surface of the cornea



Non-invasive, objective, low cost, simple to use

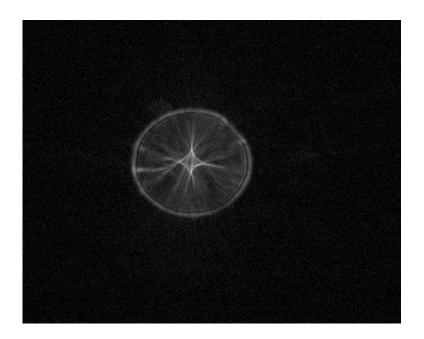
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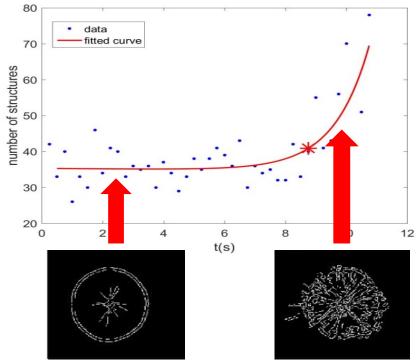




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#### Image Processing





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#### Methods

### • CL materials (in-vitro & in-vivo):

- Delefilcon A
- Omafilcon B
- Comfilcon A

Measurements done under normal environmental condition and when exposed to dry air.





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#### Methods

- 3 measurements for each material/condition combination
- Temperature: 19°c ± 1.53 °c
- Humidity: 29.4% ± 2.9%

• Normal to dry condition:

Temperature ↗ by 6 °c Humidity ↘ by 6%



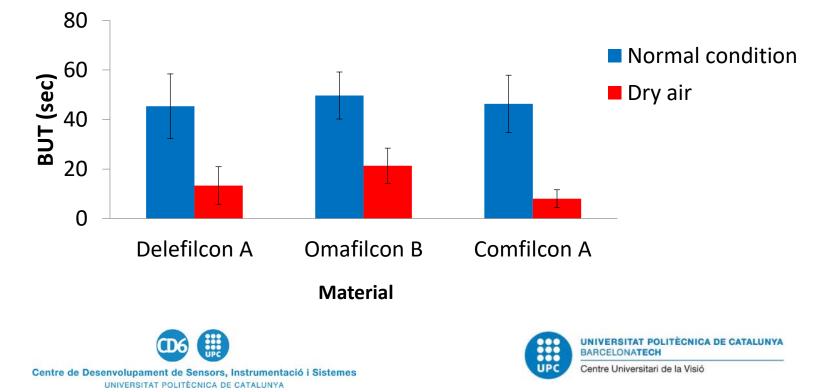
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#### Results (in-vitro)

#### PLNIBUT difference between two conditions (in-vitro)



Results (in-vivo)

#### 10 Normal condition 8 BUT (sec) Dry air 6 4 2 0 Delefilcon A **Omafilcon B** Comfilcon A Material

PLNIBUT difference between two conditions (in-vivo)





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#### Conclusion

- A new method was adopted for measuring in-vivo and invitro CL wettability
- It is objective, non-invasive, easy to use, and low cost
- The method was able to detect the change in PLNIBUT between different CL materials under different conditions
- It has potential to be used as a tool to determine the contact lens wettability





# Thank You

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